

# An Introduction to Belly Dance

With

# Suzanna Del Vecchio



The ancient art of belly dancing has been around for thousands of years. It was introduced in the U.S. at the World Expo at the end of the 19th century, and has captured the imagination of the American public ever since. The hypnotic & rhythmic dance isolations and combination steps are challenging and fun, encouraging grace, co-ordination and self-reflection.

Suzanna Del Vecchio has been practicing the art of belly dancing for over 25 years. She travels extensively throughout the U.S. and abroad teaching and performing. Suzanna was awarded "Dancer of the Year" by the International Academy of Middle Eastern Dance in L.A. in 2001. Suzanna has instructional and performance DVD's on the international market. She also holds an annual dancers' retreat in the Colorado Rocky Mountains, where students from throughout the world come to study with her. Suzanna breaks down the movements in a methodical and easy to understand manner with close attention to body alignment.

Expect to have a lot of fun.

For more information on Suzanna or to order videos, visit her web site at: **[www.suzannadelvecchio.com](http://www.suzannadelvecchio.com)**

**When:** Thursdays – 6:00 PM until 7:00 PM - a session of 8 weeks, beginning June 18th, 2009.

**Where:** The 6<sup>th</sup> Avenue United Church of Christ – 3250 E. 6<sup>th</sup> Ave (at Adams St.) 80206

**Cost:** \$80 for the 8 week session. (Ongoing classes available for those interested in further study.)

Suzanna will occasionally have a qualified substitute instructor if she is traveling to teach.

**NO REFUNDS UNLESS CLASS IS CANCELLED**

Please wear comfortable form fitting exercise clothing. Bare feet suggested.

**PRE- REGISTRATION IS NECESSARY.**

**To Register:** Please fill out form below (please print) and send a check or money order to:

Suzanna Del Vecchio at: P.O. Box 61383 Denver, CO 80206-8383

(303) 399-2622

[dancersuz@h2net.net](mailto:dancersuz@h2net.net)

[suzanna@suzannadelvecchio.com](mailto:suzanna@suzannadelvecchio.com)

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**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Phone: Home** \_\_\_\_\_ **Alt #** \_\_\_\_\_

**Email** \_\_\_\_\_